

Tropical Raw Beauty Popsicles

Yields 6 popsicles

INGREDIENTS

- + 1/2 can (8 oz.) lite coconut milk or 1 cup vanilla almond milk
- + 1/3 cup coconut water
- + 3 tbsp chia seeds
- + 3 kiwis, peeled and sliced
- + 1 fresh mango, diced
- + 3 scoops HUM Raw Beauty Coconut & Pineapple Tropical Infusion

DIRECTIONS

1. Mix the almond or coconut milk until smooth, and then add in chia seeds and Raw Beauty powder.
2. In a blender, blend the mango and coconut water until pureed.
3. In a popsicle mold, layer kiwis slices, mango puree, and Raw Beauty blend until full. Freeze for at least three hours, then start snacking!



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